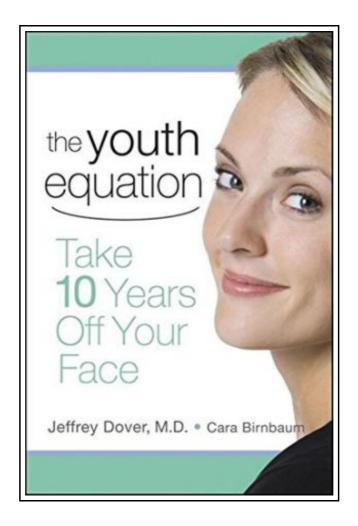
The Youth Equation: Take 10 Years Off Your Face



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Reviews

Extremely helpful to any or all category of individuals. It really is rally fascinating throgh studying time period. I am just quickly could possibly get a pleasure of reading a composed ebook. (Lawrence Keeling)

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Wiley. Hardcover. Book Condition: New. Hardcover. 288 pages. From one of the worlds leading dermatologists, a major new guide to skin health and beauty that helps readers look ten years younger without surgeryRenowned dermatologist Jeffrey Dover and his expert skincare advice have been featured everywhere from the Today show, Good Morning America, and CNN to the New York Times, Vogue, Self, and many other publications. Known for providing high-end yet affordable skincare advice and products, Dr. Dover is the creator of the highly successful Skin Effects line. Now Dr. Dover shares his secrets with the rest of us. The Youth Equation first proves that its not peoples real age that matters, its their skins virtual age, or SVA, that reflects the way their complexion is behaving. The book then reveals Dr. Dovers unique program for looking ten years younger--at any age. The Youth Equation includes a revealing quiz to calculate readers SVA scores. Dr. Dover then walks readers through the world of skincare ingredients to create a customized do-at-home plan anyone at any age can follow simply by picking up a few products at the local drugstore. Dovers comprehensive product guide includes many popular brands and shows which cleansers, treatment creams, and sunscreens really live up to their promises, offering options to suit a range of skin types and budgets. For those who want to jumpstart their progress with a more aggressive approach, Dr. Dover demystifies injectable fillers, Botox, lasers and light sources, anti-cellulite treatments, chemical peels, cosmetic surgical procedures, and more with a combination of intelligence, warmth, and refreshing candor. The Youth Equation is a fresh and indispensable guide to better skin health and beauty. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Hardcover.

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